Individual Support Plan (ISP)



Preferred name: John Person's legal name: John Smith

Plan effective dates: 08/01/2017 - 07/31/2018

One page profile for: Home

What people like and admire about John:

- * John is very social and likes parties.
- * He is very helpful.
- * John enjoys joking around.
- * He's up early and ready to have a great day--always a smile on his face!
- * Everyone admires that John has great teeth--he has no cavities!
- * John is just plain fun to be around and chat about anything.
 * John knows what he wants and isn't afraid to ask!



What is important to John:	How to best support John:
WWE! Hulk Hogan! I love talking with Papa (dad) on the phone. I do this a lot. I really like spending time my family. I enjoy going to the movies with my mom. Kevin and Pea (nephews) - like playing games (video) I like Christmas, and dress up like Santa. Eating corn dogs and hot dogs. Not to be rushed by "those people." Not being around people who are loud and sarcastic	John talks in either single words or simple sentences. When he's scared, he may yell or scream. He dislikes chicken. It's really hard for him to chew. He likes holding hands to cross the street and around vehicles because he does not like using his walking stick. When there are yellow lines, he thinks they might be a black hole. Let him know how he needs to walk near them. Be aware of Johns health and safety needs
Having people around who listen to him and like to chat John likes people with a good sense of humor.	

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Desired outcomes

Desired outcome: John maintains his robust social life, doing the things he enjoys with people he has fun with and cares about, and increasing his independence with arranging activities because he has asked for this support.

What supports this outcome? Residential Services and Informal Supports

	Who is		Where to record	Additional implementation
Key step/goal	responsible?	Timelines	progress	strategies expected?
1 John continues to get support from staff to contact friends, especially Phil, and family as he requests.	John, PDQ Res. Svs. staff, Friends and Family	Currently taking place and expected to continue throughout the ISP period	PDQ Activity Tracking Sheet	PDQ Action Plan in place
2 Staff will also support John with rides as needed, and help him arrange LIFT ride for certain activities.	John, PDQ Res. Svs. staff	Currently taking place and expected to continue throughout the ISP period	PDQ Activity Tracking Sheet	PDQ Action Plan in place
3 John will work on being more proactive with requesting rides and the supports he needs to maintain his relationships and doing his favorite activities.	John	Currently taking place and expected to continue throughout the ISP period	PDQ Activity Tracking Sheet	PDQ Action Plan in place
4 John will work with staff on his calendar of activities with friends, especially Phil, and family. He will add when transportation is needed to his calendar, using a picture that works for him.	John, PDQ Res. Svs. staff	Just beginning and expected to continue throughout the ISP period	PDQ Learning Log	PDQ Action Plan developed by 8/10/17

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Desired outcome: John takes a trip to Hawaii.

What supports this outcome? Residential Services, Informal Supports

	Who is		Where to record	Additional implementation
Key step/goal	responsible?	Timelines	progress	strategies expected?
1 John continues to save money for his trip, by going to the bank to make deposits into his "vacation" savings account.	John, PDQ Residential Services staff, and Family	At least once a month until June 2017	PDQ Activity Tracking Sheet	PDQ Action Plan to be developed by 08/10/2017
2 John spends time with his mom and staff on budgeting for his Hawaii trip.	John, PDQ Residential Services staff, and Family	One time per months with staff and mom, separately	Financial document with review comments	PDQ Action Plan to be developed by 08/10/2017
3 Once John has a different job, he will find out if payroll deductions to savings is possible.	John, PDQ Residential and Employment provider	Once in job, within first month of hire	Pay stubs	None at the moment

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Career Development Plan (CDP)

Oregon is an "Employment First" state: Oregon believes with the right supports, everyone can work and there is a job for everyone. Everyone has the right to work in the community. See the "**Employment Discussion Guide**" for ideas about the employment conversation, which must occur at least annually.

Employment services are not tests people have to pass but resources people can choose. To receive an employment service, a person must have a goal of at least exploring competitive integrated employment, also known as individual, integrated employment.

Working-age adults				
Highest education level completed to date: High schoo	l - modified or alternate certificate			
Status with VR: © Currently receiving VR services	○ Wants a referral to VR ○ Other/not applicable			
Notes: John was referred by VR to the Oregon Con	nmission for the Blind			
• •	employment or small group employment and chooses to (check all that apply): hours per week			
 □ Get small group employment for hours per week □ Explore interests in individual, integrated employment through an employment path, discovery or other time-limited service. 				
 □ Retire — is at least 60 years old or will be this ISF □ Not explore integrated employment at this time. 	P year. Complete "Decision not to explore employment" section.			

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Known/current barriers to working in an individualized, integrated job	How will barriers be addressed? If the person has a desired employment outcome, include strategies to address known barriers within the outcome.
Transportation not able to take him to/from work at scheduled times (work schedule).	John suggested working close to home so that he can get to work on time. Services Coordinator and providers will support John to look into alternative forms of transportation, including the local bus and other natural resources (e.g. John's neighbors, Luke and Mara, are a potential natural support for rides to work intermittently. John and his residential providers will talk with them and see if they are willing and able to give John rides to work now and again.)

Desired employment outcomes

Desired employment outcome: John works at a job he thoroughly enjoys; where he is making good money and can pay for a larger portion of his trip to Hawaii on his own.

What supports this outcome? Community Resources, Residential Services, and Employment Services

	Who is		Where to record	Additional implementation
Key step/goal	responsible?	Timelines	progress	strategies expected?
1 John likes Susan Deal with Q services and would like her to be his job developer. She will work with John to develop supports that will allow him to be as independent as possible at work. The CDP will be updated when John gets a job. Job Developer from Q Services will look for a job that John can get to by using the local bus.	Inc.) and VR Job Developer		Job Placement and Training Record (JPTR), SC Progress Notes	Follow Comm. for Blind Individual Plan for Employment (IPE)

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2 Initial job coaching: John said he will wait until he almost has a job to see who may help him best on the job. He hopes the same person can do short-term and long-term job coaching.	John, Employment Coordinator and VR Job Developer	Discussions to occur weekly and decision made prior to starting job. (John's hope is to have a job by January 2018)	Job Placement and Training Record (JPTR)	An action plan for job coaching will be created once an integrated office job is found and John hires a job coach.
3 Ongoing job coaching: John wants to work with Q Services Inc. once he is stable in a job.	John, Services Coordinator, Long Term Job Coach (TBD)	SC will support John to find a Long Term Job Coach that he likes, so that he has a Job Coach ready to work once stable in his job.	Job Placement and Training Record (JPTR), SC Progress Notes	An action plan for job coaching will be created once an integrated office job is found and John hires a job coach.

Desired employment outcome: John will increase his ability to contact his transportation to and from work so that he knows he is on time to work and gets home safely and become knowledgeable about clerical related jobs in the community.

What supports this outcome? Community Resources, Employment Services

	Who is		Where to record	Additional implementation
Key step/goal	responsible?	Timelines	progress	strategies expected?
1 Q Services will arrange 3 tours of community businesses per quarter for John. During these tours, staff will have John call for transportation to and from the locations, when possible, and they will help John to observe clerical-related jobs as well as other jobs he may be interested in.		had one scheduled tour	with information about experiences in Springfield.	Action Plan has been developed by Q Services for Employment Path Service outlining steps for gaining office job related skills along with transportation.

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Chosen case management services

Chosen case management provider: Sweet Home C	ounty CDDP	
Authorized dates: ⊠ Same as plan effective dates		
Required frequency of case management contact: Qu	ıarterly	Prime number: 12131415

Case management will monitor the effectiveness of services and supports being provided, John's satisfaction and well-being, and progress toward identified desired outcomes throughout the year.

Other anticipated case management services during the year include:

SC will ensure that John's next meeting is scheduled far in advance so that it can be at his mom's house as he prefers, SC will coordinate planning and monitor that the supports in place are meeting his needs. SC will monitor desired outcomes and support provider to adjust action plans as necessary. SC will provide John with resources about activities he might like to try and will encourage John to let her know when he thinks of things he might like to try so she can update his Person Centered Information and inform him about things that meet his preferences as she hears about them. SC will check in on how protocols and other support documents are working or not working to keep him safe and healthy. SC will communicate regularly with Commission for the Blind Counselor to ensure that John's services are meeting his needs and to help him advocate for his needs whenever he requests. SC will help John hire a job coach as soon as Commission for the Blind helps him find a job.

John's preference on how case management is provided:

John likes to have meetings at his mom's house or the CDDP; he likes the smaller conference room. He likes the people he trusts and who know him best to be at his meetings. He especially likes for his mom to be involved. He wants enough time set aside so that he has enough time to talk about current issues and ask questions.

Informal supports, community resources and other voluntary services and supports

Describe supports	Provided by
Employment Supports (Job Development): John needs support finding a job he likes and is good at. He needs support finding a job that matches his skills and interests (office work). John needs support from a low vision specialist to make needed changes to his workplace.	Future Job Development funded by OCB (since referred by VR)
Going to church. John needs support getting to and from church on time and support to socialize and include himself in church activities while at church.	Friends—either Ester or Diane pick him up to go to church and help him, along with many other church member, while at Church

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			_	
When John is home with his mom on weekends, shoes not get paid.	ne provides all his support needs naturally	She Mom (Nancy)		
Chosen State Plan Personal Care	(SPPC) services	⊠ None selec	ted	
Chosen family support services		None selec	ted	
Chosen K plan services		None selec	ted	
Chosen waiver services				
Service element: SE54 Employment/Day Services	s for Adults			
Service code: OR401-Individual Supported Emp	loyment - W5, Initial Job Coaching su	pport		
Number of units: 40	Unit type: Hour(s)	r (frequency): Week	Г	
Authorized dates: ⊠ Same as plan effective dates				
Chosen provider type(s) and current rate(s) (<i>PSW</i> , non-FProvider Organization (\$45.88/hr)		on, general business, etc.):		
List needs identified by the needs assessment that this solution needs initial support to train for job tasks about support in order to maintain employment, including learned, and communicating effectively with superadaptive equipment and work fixtures are needed to	we the typical responsibility of an employ g training for new job tasks as they arise, visors and coworkers when he is scared a	sharpening skills for tasks he has alrea	ady	
John's preference on how this service is delivered: John prefers to work with his job coach and/or job John needs schedules that have contrasting colors to (This service will begin when initial support from	o assist with his low vision.	, and the second		
Service element: SE54 Employment/Day Services	s for Adults			
Service code: OR401-Individual Supported Emp	loyment - W6, Ongoing/Follow-along s	upport		
Number of units: 40	Unit type: Hour(s)	r (frequency): Week		
Authorized dates: Same as plan effective dates				
	+		1	

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Chosen provider type(s) and current rate(s) (*PSW*, non-*PSW* independent provider, provider organization, general business, etc.):

Provider Organization (\$40.15/hr)

List needs identified by the needs assessment that this service will address:

John needs ongoing job support in order to maintain employment, including training for new job tasks as they arise, sharpening skills for tasks he has already learned, and communicating when something has scared him in the work environment. Regular check-is about his adaptive equipment and work fixtures are needed to assure they always meet his needs.

John's preference on how this service is delivered:

(This service will begin upon completion of initial job coaching.)

John is very social, and likes to talk about how things are going on his job in a comfortable environment. John prefers to process problems out loud, and talk with someone, who will listen first, and then assist him in making recommendations for change, if he is unable to come up with an idea himself.

Service element: SE54 Employment/Day Services for Adults

Service code: OR541-Employment Path Services - W1, Facility

 Number of units: 15
 Unit type: Hour(s)
 Per (frequency): Week

 Authorized dates: Same as plan effective dates

Chosen provider type(s) and current rate(s) (PSW, non-PSW independent provider, provider organization, general business, etc.):

Provider Organization (\$11.45/hr)

List needs identified by the needs assessment that this service will address:

John needs support to gain skills toward his goal of integrated employment. Currently, he needs contrasting colors at his workstation. With his low vision (legally blind), it is best when a product is white, for example, John works on a table that is black, and vice versa. John asks for help when he needs it.

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John's preference on how this service is delivered:

- John is very social, and likes to talk about how things are going on his job in a comfortable environment. John prefers to process problems out loud, and talk with someone, who will listen first, and then assist him in making recommendations for change.
- John really likes to stay busy.
- He does say "scared" and "hurt" when talking about very busy work environments.
- He doesn't like people not rushing around, and this is serious to him.
- He is afraid to be hit in his chest (blow to his chest, even if an accident) as this would cause a health emergency for him.
- John tells you "no like" or "not well" when he doesn't like a job or is not feeling well.
- John communicates great about all aspects of work and what he needs. John is very social and needs a job where he can interact with people some while working but definitely at breaks and lunch; he loves chatting with people. He knows the boundaries of breaks verses needing to work. He doesn't have any issues if told to re-focus back on the job.

Service element: SE54 Employment/Day Services for Adults

Service code: OR541-Employment Path Services - W2, Community

 Number of units: 10
 Unit type: Hour(s)
 Per (frequency): Week

 Authorized dates: Same as plan effective dates

Chosen provider type(s) and current rate(s) (PSW, non-PSW independent provider, provider organization, general business, etc.):

Provider Organization (\$19.77/hr)

List needs identified by the needs assessment that this service will address:

John needs support to gain skills toward his goal of integrated employment. John asks for help when he needs it, and may ask for help if people are scaring him.

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John's preference on how this service is delivered:

- When John gets a job, he would prefer to end this service before his facility-based service.
- John likes to have a plan and know what is happening; he can manage immediate changes when needed.
- He does best with photos on a large calendar rather than stick figures as they are hard for him to see.
- John is very social, and likes to talk about how things are going on his job in a comfortable environment. John prefers to process problems out loud, and talk with someone, who will listen first, and then assist him in making recommendations for change.
- John really likes to stay busy.
- He does say "scared" and "hurt" when talking about very busy work environments.
- He doesn't like people not rushing around.
- He is afraid to be hit in his chest (blow to his chest, even if an accident) as this would cause a health emergency for him.
- John tells you "no like" or "not well" when he doesn't like a job or is not feeling well.
- John communicates great about all aspects of work and what he needs. John is very social and needs a job where he can interact with people some while working but definitely at breaks and lunch; he loves chatting with people.

Chosen K plan residential services

Complete the following only if the person chooses RESIDENTIAL se	vices.
Service setting: 24-hour Residential - Adult DD 50	Chosen provider: PDQ Residential Services (Lynn Street group hor
Authorized dates: ⊠ Same as plan effective dates	
John chooses:	
The K plan services already included in residential services:	ant care - ADL/IADL ⊠ Skill training ⊠ Community transportation
Additional K plan services included in residential services: Behavior	supports Nursing supports

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List needs identified by the needs assessment that this service will address:

- Assistance with medication management (reminders to take medication on time and in the correct amount)
- Assistance with complex health management supports (setting appointment, following through with appointments, and understanding his medical needs as well as communicating his health needs (e.g. expressing where/when he is feeling ill)
- Full physical assistance with shaving (he does prefer a man to help him), assistance with expressive and receptive communication and telephone use (dialing the phone and communicating clearly), assistance with safety and fire evacuation (verbal cue to leave premises safely, quickly, and cues to evacuate to a safe location)
- Full assistance with transportation (setting up rides, riding safely, and finding all the locations he needs to get to and from)
- Assistance with meal prep (preparing ingredients properly, using the stove and oven safely, turning the oven and stove on to the right temp, setting and listening for timer, using sharp items safely)
- Partial assist with laundry and housekeeping (sorting laundry, putting clothes into the washer, using the proper temp and correct amount of soap, cues to listen for timer, and physical support for folding)
- Assistance with shopping and money management (paying bills on time, budgeting for needed items and bills, making monetary exchanges)
- Assistance with coordinating social activities (encouragement to schedule activities ahead of time, support to find activities of interest, and support to follow through with activities with reminders about time and day, as well as support with transportation to and from all activities)
- Partial assistance with social interaction (reminders to talk with someone when someone scares him).

John's preference on how this service is delivered:

John can let you know what he likes and doesn't like. He wants to direct his supports as they are being delivered. He would like people to refer to his One Page Profile to know what is important to him and how to best support him. He wants anyone who is working with him to be willing to learn his communication style and listen to him (really listen). He wants people to ask before helping him.

Chosen K plan transportation service

Transportation type: Van transportation

Authorized dates: ⊠ Same as plan effective dates

Chosen provider type or description of service:

PDQ Residential Services

Additional chosen services

None selected

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Risk management plan

Emergency preparedness (natural disasters, power outages, community disasters, etc.):

John's home and work providers have Emergency Preparedness Plans.

Preventing abuse (physical, emotional, financial, sexual, neglect):

John is around someone at all times who can help him protect himself. He advocates for himself and has trusted people around him at home, work, and with friends who he feels comfortable expressing concerns to, when necessary. John has reported in the past when someone has tried to take money from him.

What happens if John can't be reached (timelines for notifying others, who to contact, etc.)?

John has a missing person's plan located both at home and at work.

Known risks

D. I	High		
Risk	risk®	Describe the issue and how it is addressed or note where other information can be found.	
Dehydration		Protocol at PDQ & Q Services	
Injury Due to Falling Safety: New tool use		Safety Plan at PDQ & Q Services, John's safety plan includes recommendations provided this doctor. The information from John's doctor is dated 8/15/2003. M. Manor stated on 7/17/17 that at each doctor appointment this is reviewed and no changes in his recommendations have occurred to date. The "New tool use" is only in the work Safety Plan.	
Other Medical Risks: Congestive Heart Failure Injury Due to Blow to Chest		Health/Medical Problem List at PDQ and at Q Services (for CHF), John's CHF may cause hospitalization especially when he gets sick. This has happened each year for the past five year, which is an increase from previous years. (This is a high risk due the increase in hospitalizations.)	
		Injury due to blow to chest (in John's Safety Plan) is considered life-threatening. The frequency of this happening is very low. His current supports are working; however, due to the severity of this and despite those support, others in the community are unpredictable and this may happen, most likely as an accident, with the supports in place.	
Fire Evacuation Safety		Safety Plan at PDQ & Q Services	
Household Chemical Safety		Safety Plan at PDQ & Q Services: all chemicals are locked up and John is supervised when he uses harmful chemicals	

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	T				20 1 1 1 1 77 117
Vehicle Safety	Safety Plan at PDQ & Q Services: John is supported by staff when around vehicles. He whold staff's hand and stay close.				
Potential for Financial Abuse		Financial Plan (PDQ), John also has a Rep Payee			
Does John's plan include the use	of safeg	guarding interventions?			
	eted IBI	L form authorizing the use of safe	guarding	intervention(s).	
Does John's plan include the use	of safeg	guarding equipment that meet the	threshold	I of restraints?	
No ○Yes, attach a comple	eted IBI	L form authorizing the use of safe	guarding	equipment.	
Are any individually-based limitation	ns on l	HCBS residential setting protection	ns accep	ted?	
	eted IBI	L form.			
Are any individually-based limitation	ns on H	HCBS residential setting protection	ns propo	sed but not accepted?	
No ○Yes, attach a comple	eted IBI	L form.			
Does John have a nursing care pla	an?				
○No ○Needed ●Yes,	t is four	nd at:			
Home: In Medical section of	f John's	s record book	Work:	Medical file: RN con	sult
Back-up plans (in the event tha	t prima	ry support is not available):			
	thing h	ohn's primary support provider appened and the provider that provide support to him until and	supports	s john with residential	services is no longer able to do
Work/school/day supports: Call a	group h	nome, 541-555-9907, if home u	ınavaila	ble, call Nancy (mom)	
Other: If Nancy or group home 541-555-1593	e are ur	navailable (after 15 minutes un	less em	ergency), Fran (family	friend) can be called at
Differences					
Note any differences between t	he con	tents of this plan and what John	n wants:		No known differences
Note any differences between t	he con	tents of this plan and what any	other ISI	contributor wants:	

John wishes one of his roommates would move out. He likes where he lives but not living with this person. John's Person Centered

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information explains this issue in a little more depth. John has been given opportunities to move, but he doesn't want to move. He wants the other person to move. At this time, that is not an option. John did not want to talk about this at his ISP meeting, so it was not added to the agenda, but the people working with John will continue to provide him with opportunities to effectively communicate his feelings, socialize in the home as comfortably as possible with this person, give him information about his rights, and look for opportunities to resolve this disagreement. Until then, it remains unresolved.

Legal relationships

Type of legal relationship		Name(s)	
Health Care Representative:		Nancy Smith	
Appointment date: Feb 9, 2017	Self-appointed	○ ISP Team appointed	
Representative Payee:		Nancy Smith	

Acknowledgments

The personJohn has the right to make an informed choice about where to live and receive services, to choose which services to use, and to select from available providers to deliver those services in a non-disability specific and community-based service setting.

Describe the supports John needs to understand his rights or to understand this plan, if any:

John's providers and his mom (and dad, too) will help him understand his plan and support him to advocate for what he wants and needs in his life to be happy and healthy.

Did the SC/PA offer options about available case management providers?	Yes ○ No
Describe the options offered about settings where John can live and receive supports. This must include non-disability	
specific options.	
Services Coordinator told John that he has the right to receive services in the available setting of his	
choosing. SC gave John a list of all the support settings available in Oregon, including Foster, a different 24-	
Residientail group-home, Supported Living (both provider owned and own home options), and the option to	
live in an In-Home setting. SC explained what each of these setting were so that John could make an	
informed choice. SC told John that she can help them look into specific homes within each setting option if/	
when they want additional information.	

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Describe the options offered about settings where John can receive employment or day services. This must include non-disability specific, community-based options. John Employment PathFacility to meet him employment desired outcomes. After talking with his SC he decided to also use Employment Path—Community to get more community based employment experiences. SC added this to his ISP. See ISP employment desired outcomes and chosen services section for more details.	☐ Not applicable
Did the SC/PA review the services available to John?	
Does this ISP reflect the services John chooses and the outcomes John wants to work toward?	
Did the SC/PA offer options about available providers to deliver chosen services?	
If John's family provides supports, does this ISP reflect what is needed for the family to effectively provide supports?	○ Yes ○ No ● N/A
Has John been provided information about the planning process and how to request changes and updates to the ISP?	● Yes ○ No
Was John given the opportunity to choose the location of his ISP meeting?	
Was John given the opportunity to choose who participated in his ISP development?	
Did John receive notification of his DHS rights?	
ISP team — does this ISP reflect	
Independence: Having control and choice over one's own life.	
Integration: Living near and using the same community resources and participating in the same activities as, and together with, people without disabilities.	● Yes ○ No
Productivity: Engaging in contributions to a household or community; or engaging in income-producing work that is measured through improvements in income level, employment status, or job advancement.	● Yes ○ No

Agreement to this plan

These people agree to this plan and associated documents as reflecting John's strengths and preferences, support needs as identified by an assessment, and the services and supports that will assist John to achieve his identified desired outcomes.

- Services coordinator/personal agent/ODDS residential specialist: Ensure the plan meets John's current service needs and complies with requirements for the chosen service setting(s) and associated funding.
- **Providers:** Agree to implement and provide the supports that have been designated as their responsibility in this ISP. A signed Provider Service Agreement may be used instead of a signature on this page.

		Present at			
Name	Relationship to John	meeting?	Signature	Date	Comments
John Smith	Person receiving services				
Carrie Jones	Services Coordinator				
Michelle Manor	House Manager	\boxtimes			
Nancy Smith	Mom	\boxtimes			
Mark Smith	Dad				provided info over phone
Ingrid Moore	Employment Coordinator				provided info over phone

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You can get this document in other languages, large print, braille or a format you prefer. Contact the Office of Developmental Disabilities Services (ODDS) at 503-945-5600. We accept all relay calls or you can dial 711.

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