

Person's legal name: John Smith

Date of last update: 06/13/2017

What name does this person prefer to be called? John

Ask John and those close to him what his current priorities are. What are the things happening right now that John wants to strengthen or maintain? Are there issues of concern that need to be addressed?

Seek to understand more about the current priorities by asking follow-up questions when needed.

Record what you learn on this form. The amount of information you record in each topic area will vary depending on John's priorities and how well you know him.

If you don't have information about a particular topic area because it is not a current priority or John doesn't want to discuss it, note that on this form.

Communication

How John communicates wants/needs/pain, assistive devices used for communication, accommodations needed, receptive and expressive communication skills, reading/writing skills, opportunities to gain or maintain skills, etc.

Person's perspective:

John said he likes talking with his favorite staff (usually) when something is bothering him. John said he talks with people he knows about anything in his life. He does not have any issues with telling people how he feels. He does not like when people hurry him by their words or actions ("no like those people") and he will yell or scream.

Additional input:

John typically communicates using single words but does use simple sentences, too. He is able to tell you what he wants and needs when given time to do so. He is very patient with others to figure out what he means. He will use different words to help others understand him. He uses some phrases regularly and over time will expect people to understand those phrases such as "those people" [people who scare him] or "cheese" [smile]. Home and work have "familiar phrases" sheets to help others know what they are.

Also, John has a very expressive face. When someone knows John, it is easy to know what he is feeling. When he is joking around (which is often) he will have a big smile and laugh a lot. When he is sick, he will not smile, joke, and usually puts his head down.

Life in current living arrangements

Where and with whom John lives, where John wants to live, options for where John can live (including non-disability specific options), planning to live more independently or on his own, looking for a new home or moving out of family home, rents or owns, private room, contribution to household, daily routine, activities at home, hobbies, pets, family, roommates, accessibility throughout home, meal planning, shopping, preparing meals and cooking, cleaning, skills for maintaining own household, modifications in home, safety.

Person's perspective:

John is very proud of his great teeth. He has no cavities. He always brushes his teeth after eating (except at work). He does not like people who are loud. John is a morning person and is usually up (without an alarm) by 6am every day; he may sleep in until 7:30am on the weekend. He makes his own lunch; he always uses cinnamon raisin bread for all sandwiches. He loves raisin bread! (and does not like people making fun of his sandwiches) John helps out around the house. He will help with many things. He will help in the kitchen; he loves to chat with people. He will dust on the weekend; he says this is his favorite chore. He does not like to vacuum; he says it is too loud. He likes to help with dishes but they are hard for him to do because of his short stature. John likes having one DSP that he spends more time with, and right now that is Kevin S. He said he does this because then he has one person who knows more and can help him with anything, and he does not have to explain reasons for things to so many people.

John does not like everyone he lives with. He does not like talking about it but he will avoid one house mate in particular. He wishes he did not have to live with this person. He wants his SC to be aware that if this person ever wants to move, John is all for it. John said he doesn't want to move out, but wishes this person would.

Additional input:

John will ask anyone to help him call his family if Kevin is not around. John prefers to call his "white cane," a walking stick. However, he does not like using his walking stick; when asked to use it, he will raise his voice and tell the person to shut up. John has expressed that he does not like living with one particular person in his home. He has told staff that he would rather that person would move, but that he does not want to move for the sake of this person. Staff and SC have tried to help John work through his issues with this person, but John usually doesn't want to talk about it or doesn't want to talk to the person to work it out. They stay away from one another, have spare rooms at opposite ends of the house but can't really fully avoid one another living in the same home.

Pre-employment and/or work

Career goals, developing job skills, interests, job exploration, financial concerns, social security benefits concerns, job development for self-employment or paid work, current job, job satisfaction, workplace safety, childcare needs, co-workers, work routine, work environment, planning for retirement, etc.

Person's perspective:

John is in process of getting a job outside of the workshop (Q Services Inc.). He has gone to the Oregon Commission for the Blind (OCB) for the initial meeting with a rehabilitation counselor but does not have a plan yet. He talks about working in an office. John says that he would feel safe in an office because people are not usually rushing around. He likes the office setting and wants to pursue a job where he can work in an office environment.

John needs some accommodations and tools due to his low vision (legally blind). For example, currently, he needs contrasting colors at his workstation. It is best when a product is white, for example, John works on a table that is black, and vice versa. John asks for help when he needs it.

Additional input:

John really likes to stay busy. He does say "scared" and "hurt" when talking about very busy work environments. We think this is why he has talked about office work because office jobs have more people sitting and not rushing around. He also has developed many skills for working in an office through his work at the sheltered workshop and work experiences. He is afraid to be hit in his chest (blow to his chest, even if an accident) as this would cause a health emergency for him. John tells you "no like" or "not well" when he doesn't like a job or is not feeling well; John communicates great about all aspects of work and what he needs.

John is very social and needs a job where he can interact with people some while working but definitely at breaks and lunch. He loves chatting with people, so a job where this isn't a problem is ideal. John does know the social cues and phrases, and his need to talk with people does not get in the way of his work. You can make a simple statement if you (or he) need to get back to work; he goes with the flow in these situations.

Employment-related skills

Interests, hobbies, talents, strengths, prior work experience, education, reading and writing skills, communication skills, computer skills, organization, timeliness, reliability, areas of focus if still in school, etc.

John can answer a phone. He cannot dial a phone unless it has large keys. He has good dexterity but not with very small objects; these are hard for him to see. John can put labels on envelopes with the right fixture to know where to place the label, and the ability to have them “come off” in case they are crooked. When he has the “system” down for any job, he does it with high quality. John is VERY friendly and everyone likes him; he is easy to get along with. His computer skills are not very strong, mostly because he has not had the opportunity.

When he has used the IntelliKeys (large numbers/letters) and now, he uses EZSee (by DC) keyboard, he can do things on the computer such as basic writing of a letter, basic game playing, or find one internet site (not surfing the web); he has never done a spreadsheet. John knows the alphabet and basic words. John is a morning person, and as long as transportation works out, he is very dependable and on time. He says he likes working in the mornings.

Employment-related preferences

Hours, time of day, days of week, mornings, evenings, pay, location, environment, people and coworkers, noise level, distance from home, type of job, type of tasks, pace, etc.

John likes working in the morning. He could start as early as 7:30 am but wouldn't want to start after 10am. Working weekends would not work for John; he spends a lot of time with his family on Saturdays and he goes to church on Sunday. When talking about pay, he just wants to know that he is getting paid, and is able to save money to go to Hawaii. He would like to work close to home as he knows transportation can be an issue if further away. John would like to work in a predictable work environment that is clear when people are coming and going. John wants to work with coworkers who are willing to communicate when they are coming and going (specifically when they are in or near John's space). John is social, friendly, and likable, the opportunity to work around other people would be best. John is willing to try new jobs, and will ask questions; he will go slow at first because he wants to get any job/task correct the first time (or as soon as possible).

School and life-long learning

Things John would like to learn, classes interested in taking, continuing education, personal or professional development, accessing school options, graduation preferences and diploma options, transition, etc.

Person's perspective:

John said that he is not interested in continuing education classes right now. He said if he finds something he is interested in that he would let someone know. John graduated high school (Springfield High) with a modified diploma. He has stayed friends with a few of his high school friends.

Additional input:

John has taken a few continuing education classes in the past. He took a cooking class; he didn't like

it too much. He took an art class which he really liked; he was able to talk more during the art class.

Community and social life

Recreation or leisure activities, community activities, concerts, festivals, churches, accessing community locations, shopping, visiting friends and family, social networking, clubs, social events, volunteer work, safety, opportunities to develop social skills, opportunities to contribute to the community, transportation, etc.

Person's perspective:

John's family is very important to him. He makes plans with them regularly. Phil is his best friend and they go to movies together as well as many other things. John does call people on the phone but needs help to dial; he usually just wants someone there to make sure he dials correctly. He has his own phone with large keys. Church is very important to John. He attends United Methodist Church on Olive Street. He has gone there for 15 years. He likes to take cookies on special occasions. He goes to Wednesday evening services every week. The minister of his church is named Sherman; John calls him "Sher-Sher" but it sounds like "sure-sure"...this is a joke between them. John's ultimate favorite place in the world is Hawaii. He saves money every year to go. He says "hula" for Hawaii, and has a calmer demeanor when he comes back from his vacation.

Additional input:

John's social life is very robust and he maintains this lifestyle (with some supports) very well. John would probably want to join more clubs (anything social) but he doesn't have a lot of time right now as he has so many family events and time with friends.

Relationship map

	People who are important to John:	Others in John's life:
Family	"Mom" (Nancy Smith), "Papa" (Mark Smith)	Kevin (nephew), "Pea" (short for Peter, nephew), and Fran Johnson (sister)
Friends	Jasmine Jones (friend), Phil Brady (best friend)	Bradley Johnson (brother-in-law), Ester and Diane (Church Friends)
People at work, school or in the community	Ingrid Moore (employment coordinator)	Mark Lang (employment supervisor) Susan Deal (job developer)
People paid to provide support	Kevin Squirt (DSP Lynn St), Molly Reynolds (DSP Lynn st), Billy Burke (DSP Lynn St)	Michelle Manor (house managers)

Relationships

Anything about current relationships John would like to change, making friends, opportunities to make choices about who is involved in planning at home and at school, connections with distant friends and family, personality traits of favorite people, traits or people to avoid, etc.

Person's perspective:

John talks about spending more time with Phil. He sees his mom at least twice a month. He goes to her house for the weekend. He will call her when he wants throughout the week. John sees his dad about every other month. Mark lives in Aberdeen, Washington and travels a lot. He goes to the movies with Kevin and Pea (nephews), and either Fran or Bradley comes along. He has a few friends

from high school that he still keeps in touch with, usually an occasional letter but mostly by phone calls. John does not want to be around people who talk bad about things he likes such as WWE wrestling. He also does not like people talking to him like a child or touching his head (don't pat him on the head).

Additional input:

John hasn't talked about anything specific with spending more time with Phil; would need to pursue what John means. John likes to be around people who have a good sense of humor. At home, we have been trying to work with John on sending emails to friends; this is going slow as there are lot of new things for him to learn.

Characteristics of people who best support this person

Personality characteristics, any personality traits to avoid, specific skills, education or training needed, gender, physical attributes, strengths, interests and hobbies, specific people already identified.

Person's perspective:

Some other characteristics John wants in someone who will support him.

- Someone who does not scare John --by either “boo” around the corner or by moving too quickly (John sometimes thinks he will get hurt when people are moving too fast around him)
- Someone who will sit and listen to him (he processes his problems verbally)
- Someone who doesn't mind holding his hand to cross streets
- Someone who has a positive attitude. John does not like people who are negative or complain a lot.

Additional input:

John needs someone who can joke around but not sarcastically. John likes if people can talk about things he is interested in such as WWE wrestling (he says “Hulk Hogan” for most wrestlers but does know the current names), current movies, or Hawaii (where he loves to take vacations).

John needs someone who gives him enough time to do things on his own. He is legally blind and it can take some time to do some tasks. He needs someone who will not be annoyed while waiting.

Health and wellness

Relationships with medical professionals, developing skills for taking care of himself, medical equipment, things that make medical appointments successful, skills for making and keeping medical appointments, physical fitness, sports, preventative care, health screenings, nutrition, nursing services, occupational therapy, dental care, planning for end of life care, advance directive, etc.

Person's perspective:

John does not like when people he loves die. When he says “Joseph” he is talking about a friend who died when he was 20; he cries when he misses him and others who have died. John likes walking to the mailbox (his neighbors) down the street when he gets home from work every day unless it's too icy or snowy in the winter; he doesn't mind the rain. John is very proud to have no cavities. He never minds going to the dentist (or doctor either). John likes to hold hands with the person he is walking with; he does not want/like to use his walking stick. He does not need to hold hands the whole time walking but does when he gets to curbs or a lot of lines in a parking lot (for example). John likes corn dogs!

Additional input:

With John's recent health concerns, Nancy (mom) has finally begun talking about end of life planning; she agreed to John getting a burial plan. When John is walking around, he sees curbs and numerous yellow lines as barriers and needs help to cross them. John needs a low-salt diet because he is beginning to get arthritis in his ankles. We have found that John does like the tofu corn dogs which are significantly less in sodium than regular ones; this way he can have them when he wants but they will not adversely affect his health or prescribed diet. John eats very slowly and knows what foods are easy for him to chew (or not). He doesn't like eating chicken unless ground or cut into dime sized pieces (and even then, he's not a huge fan of chicken). He does not have a chopped diet order because John knows how and does this when needed. He also is cautious trying new foods. His mom said it was from when he was a kid and had an issue; she couldn't remember the details.

John cannot receive a blow to his chest because he had heart surgery as a child and now, has congestive heart failure.

Financial life

Budgeting, managing money, using cash, counting change, planning for the future, special needs trust, benefits, risk of exceeding resources, managing credit, education, controlling money, etc.

Person's perspective:

John knows he loses his wallet at least every year (if not more), so he doesn't carry a lot of money in it. He is responsible to carry large sums of money if he has pockets or can put it in his jacket. John doesn't usually want a lot because Hawaii is his primary budgetary concern. John likes to go out to eat and to the movies regularly.

Additional input:

John could do more of his own budgeting, so he really knows what it takes to go to Hawaii. His family will chip in if he hasn't saved enough but staff are not sure John really knows how much that is sometimes. With a better job, he will be able to pay for it all by himself. Nancy has agreed to work with John on putting some money into a burial plan; she did not want to talk about this until recently. Nancy and Mark both have been encouraging him to budget more money for Hawaii, and talking about the true costs in a way he understands.

Protection and advocacy

Self advocacy skills, skills for saying "no" to things that are unwanted, making choices and decisions, opportunities to gain or practice skills, protection from exploitation, participating in self-advocacy groups or activities, personal privacy, any supports that interfere with privacy, identity protection, etc.

Person's perspective:

John has no issues with advocating for himself. When someone has bothered him, he usually talks with someone he trusts before saying something to the person. John verbally processes information, so giving him time to do this is important. Overall, John is a very happy person and likes his life; this is what he says when you ask him.

Additional input:

John likes to talk with people, and when he is having an issue, he will wait until people have gone to their rooms to talk with staff. He wants to just talk and talk about an issue; he figures out his own solution typically. You have to give him time to verbally process any situation. When he wants help with the decision, he will ask.

Cultural considerations

Family, traditions, stories, faith, heritage, rituals, celebrations, holidays, food, clothing, books or literature, items, planning for end of life, etc.

Person's perspective:

John's parents grew up in Hawaii. He loves to hula, go to pig roasts, and be at the beach. His family went to a Lutheran church when he grew up, and he currently attends United Methodist Church (on Olive St). John chose the church he currently goes to; his family is supportive. Christmas is his favorite holiday. John likes to decorate his house and pretend to be Santa Claus.

Additional input:

When John is Santa Claus, he does need reminders to not “ho-ho-ho” to everyone in his house (or at work) all day long as they have asked him to not say it all the time.

Sexuality and/or intimate relationships

Education, family planning, privacy, anything that interferes with privacy, opportunities to express sexuality, dating, places and events to meet potential partners, online dating, safety considerations, etc.

Person's perspective:

John gets embarrassed when talking about having a girlfriend. He will talk with people he likes about this but not most people. He is very private about this.

Additional input:

John occasionally will talk about wanting a girlfriend but then will get “shy” and not want to talk about it. He spends time with a few women when he goes out places but has not dated anyone recently. His parents said that he had someone he really liked in high school, and they went places together for a while, but his parents think he is too much of a jokester sometimes...and woman are a bit put off by that. From staff, they think he just hasn't found the right person. John would need someone who understands some of his health issues and do not try to do too much at one time.

Mental health

Concerns about mental health; relationship with any mental health professionals; availability of helpline or other resources for John, family or supporters; things or people that make appointments better; effective strategies; accommodations needed; skills for making health care decisions; support to make informed health care decisions, etc.

Person's perspective:

No mental health concerns

Additional input:

No mental health concerns

Behavioral health

Concerns about behavioral health, relationship with any behavior professionals, availability of helpline or other

resources for family or supporters, effective strategies, etc.

Person's perspective:
None
Additional input:
John does yell or scream when he is scared that someone might hurt him. This happens if someone is walking too fast by him. This does cause some people to react as it is startling to hear someone scream. This does not happen very often and does not cause a big issue; there is no need to provide formal supports.

Transportation

To/from work, school, activities, learning how to get around independently, learning the bus routes, getting a driver license, vehicle with lift, safety concerns, etc.

Person's perspective:
John does not like to walk long distances. He prefers taking a bus to/from work. He likes family taking him to other places.
Additional input:
Currently, John does not arrange his own transportation. This is something he could do. John has an expectation that other people will provide him with rides and sometimes forgets to ask if it is arranged in advance. This has caused some issues in the past when he wanted to do something but didn't arrange it ahead of time, and he either had to be late or miss out on something. He has been working on telling someone he needs rides or arranging it with family ahead of time because as he says "hate late" and he does not like to miss out on things (especially if he is looking forward to it).

Assistive devices (AD) or technology (AT) needed to increase independence, reach personal goals or lessen the need for other paid support.

An assistive technology discussion guide is available to help research options, explore funding, acquire devices or technology, and establish monitoring and maintenance for AD/AT already in place.

Wheelchair, scooter, walker, cane, crutches, prosthetic device, and orthotic device, helmet, emergency alert devices (LifeAlert, MedicAlert), alternative or augmentative communication (AAC) device, iPad/tablet, phone, GPS-enabled device, communication chart, audio reader, alternate keyboards, talking photo album, screen reader, screen magnifier.

Person's perspective:
John is open to most adaptive equipment; he does not like his walking stick and refuses to use it most of the time. When there are tools to help with his job, he is very open to trying them and working to find the right one. When he uses the EZSee keyboard, this is very helpful to be able to do tasks on the computer.
Additional input:
Due to John's low vision and short stature, he needs various tools to help him be more independent on the job and at home. Once he learns to use a tool, he likes using them and becomes more independent in whatever task it is. When he gets a new job, new devices/tools will need to be researched. EZSee keyboard works well for John.

Environmental modifications needed to increase independence, reach personal goals, or lessen the need for other paid support.

Research options, explore funding, acquiring modification, establish monitoring and maintenance for modifications already in place.

Padded corners and edges, widened doors and hallways, smooth floors (no carpets), roll-in showers, lowered or raised sinks, counters and cabinets, ramps, lifts (hydraulic, manual or electric), hand rails and grab bars, automatic or manual door openers, doorbells, specialized electrical or plumbing systems, heating and cooling adaptations, emergency indicators such as strobe-light fire or carbon monoxide detectors, bed shakers, etc.

Person's perspective:

John just wants to make sure that his environment is safe so he won't trip and fall and hit his chest.

Additional input:

John needs to be in an environment where he will not receive a blow to his chest; this is very serious. When he gets a new job, he will need help in making any needed accommodations to the job site. He will also need orientation and mobility training to help him get to work as well as navigating the building. It is hoped that staff from Oregon Commission for the Blind will assist him with both of these areas. This will be coordinated once John gets a job.

Hopes and dreams

Personal goals, career goals, education goals, vacations to take, purchases to make, things to achieve now or in the future, things to do or try, experiences to explore, marriage and children, long- and short-term.

Person's perspective:

John wants to work in an office because he thinks it will be a calmer environment. He wants to make sure he always has enough money to go to Hawaii every year (at least once if not more). John does not talk much about changing where he lives. He states that living at 1863 Lynn Street is safe for him right now, and did not want to talk about anything else related to living somewhere else.

Additional input:

John does not like talking about changing places to live. Some DSP and employment staff think he could live in his own apartment but would need a roommate because he is so social and likes talking with someone regularly. John's SC gave him information about the settings in which he can live in a way that did not upset him, while still honoring his rights. SC told John that she needs to give this information to everyone so that John knew he would not be made to move but had choice if interested. John would do best in a work environment that is slower paced (such as a place where people are not moving quickly near John).

Other individualized planning documents

Are there others to partner with for services coordination? Check with the family/guardian for other assessments/service plans the person may have to help the DD system better coordinate/maximize supports and services for the person and family/guardian. Examples include Essential Lifestyle Plan (ELP), Personal Futures Plan, and also documents from school such as Summary of Performance, Individual Education Plan (IEP), Individualized Family Service Plan (IFSP), Individualized Learning Plan (ILP) or a 504 plan.

List other available documents that can be referenced for more information:
John's Individual Plan for Employment (IPE) from the Oregon Commission for the Blind is not done yet, but will be within the month.

Contributors to person's perspective

Name	Relationship
John Smith	Self

Did anyone else contribute their perspective on behalf of John?

Yes No

Michelle Manor and Ingrid Moore	House Manager and Employment Coordinator
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Contributors to additional input

Name	Relationship
Michelle Manor	House Manager
Billy Burke	DSP at Lynn St
Molly Reynolds	DSP at Lynn St
Kevin Squirt	DSP at Lynn St
Ingrid Moore	Employment Coordinator
Susan Deal	Job Developer
Nancy Smith	Mom
Mark Smith	Dad

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