

Person's legal name: Fitzwilliam Bennet

Date of last update: 08/4/2016

What name does this person prefer to be called? Fitz

Ask Fitz and those close to him what his current priorities are. What are the things happening right now that Fitz wants to strengthen or maintain? Are there issues of concern that need to be addressed?

Seek to understand more about the current priorities by asking follow-up questions when needed.

Record what you learn on this form. The amount of information you record in each topic area will vary depending on Fitz's priorities and how well you know him.

If you don't have information about a particular topic area because it is not a current priority or Fitz doesn't want to discuss it, note that on this form.

Communication

How Fitz communicates wants/needs/pain, assistive devices used for communication, accommodations needed, receptive and expressive communication skills, reading/writing skills, opportunities to gain or maintain skills, etc.

Person's perspective:

- Fitz will give people time to understand what he is saying.
- He will repeat things so others can understand and use the signs he is comfortable with (more, less, hurry, stop, yes, no, sorry, funny, etc.)
- He is patient with people when they ask him to repeat himself.
- He is most comfortable communicating with the people who know him well.
- Fitz went to Disney Land and Camping with Trips Inc. He will say, "Land" when he wants to look at the pictures of his trips.

Additional input:

- Fitz's speech can be difficult to understand if you don't know him well.
- Fitz has a Communication Chart that was very useful when he worked and communicated with new people more often.
- He will almost never tell you if he is sick or injured.
- Listen closely and ask him to repeat himself. Repeat what you think you heard him say. He will shake his head yes and sign yes when you get it right. Sometimes he will say yes even if you get it wrong so confirm with him until you think you've got it.
- His Foster Providers and family understand him well.
- Fitz needs someone to read and write for him.
- He can write and sign his name.

Life in current living arrangements

Where and with whom Fitz lives, where Fitz wants to live, options for where Fitz can live (including non-disability specific options), planning to live more independently or on his own, looking for a new home or moving out of family home, rents or owns, private room, contribution to household, daily routine, activities at home, hobbies, pets, family, roommates, accessibility throughout home, meal planning, shopping, preparing meals and cooking, cleaning, skills for maintaining own household, modifications in home, safety.

Person's perspective:

- Fitz appears to be happy where he lives.
- He and his roommate get along well and spend time together.
- Fitz loves his model planes. His brother makes them with him and he will play with them and display them in his room.
- Fitz has a special chair in the living room and he likes to recline.
- Fitz looks at books and has someone read to him every day.
- Fitz likes to watch Cartoon Network, PBS, and Disney Channel (He especially likes Arthur, Dukes of Hazzard, and Leave it to Beaver).
- He plays card games and board games every day.
- Fitz spends time sitting outside on the porch when the high school kids walk home (people watching).
- He likes to spend some time in the quiet privacy of his room every day.
- Fitz likes to have a cool mustache. He like the ends waxed and pointy.
- Fitz loves to help around the house. He helps to clean his room, take out trash, mow the lawn, sets, clears and wipes down the table after dinner, and gets the mail, along with other things.

Additional input:

- Fitz lived at Fairview until he was 35, when he moved in with his mom.
- Fitz has lived at Beth and Char's for 3 years since his mom passed.
- Fitz is very helpful and takes parts in all things (chores and social) going on in the house.

Pre-employment and/or work

Career goals, developing job skills, interests, job exploration, financial concerns, social security benefits concerns, job development for self-employment or paid work, current job, job satisfaction, workplace safety, childcare needs, co-workers, work routine, work environment, planning for retirement, etc.

Person's perspective:

- Fitz will say “go to work” and that means he misses work or he wants to visit his friends there.
- He visits his old job about once a month and spends about 30 minutes to an hour.
- The people at his old job send him a Christmas and Birthday card every year, which he smiles and laughs about.

Additional input:

- Fitz retired after 30 years of service to the local recycling center.
- He was having some medical issues that kept him home a lot and eventually decided he did not want to go every day, but just visit his friends there.

Employment-related skills

Interests, hobbies, talents, strengths, prior work experience, education, reading and writing skills, communication skills, computer skills, organization, timeliness, reliability, areas of focus if still in school, etc.

Fitz has lots of skills, but he's retired and doesn't work anymore

Employment-related preferences

Hours, time of day, days of week, mornings, evenings, pay, location, environment, people and coworkers, noise level, distance from home, type of job, type of tasks, pace, etc.

Fitz is retired and doesn't work anymore

School and life-long learning

Things Fitz would like to learn, classes interested in taking, continuing education, personal or professional development, accessing school options, graduation preferences and diploma options, transition, etc.

Person's perspective:

- Fitz wants to learn to take care of a fish.
- Fitz is always very helpful and is interested in watching how things are done.
- He has recently learned to put gas in the lawn mower.

Additional input:

Fitz is a very curious person and likes to watch how things are done. He doesn't always feel comfortable trying things out himself, but is always engaged and interested in what is going on around the house.

Community and social life

Recreation or leisure activities, community activities, concerts, festivals, churches, accessing community locations, shopping, visiting friends and family, social networking, clubs, social events, volunteer work, safety, opportunities to develop social skills, opportunities to contribute to the community, transportation, etc.

Person's perspective:

- Fitz likes to go to Do Your Own Thing, which is a small group of friends who do activities together.
- Fitz loves to take walks to the store. Everyone there knows him and he talks with them for a few minutes each time.
- He is still close to the people at his old job and sees them regularly.
- Fitz thinks he might like to volunteer at the pet store/county animal shelter. He loves going there once a week and looking at the animals.

Additional input:

- Fitz needs to be reminded to have good social boundaries (especially with strangers).
- He will get very close to someone's face when he talks to them or poke at them to get their attention; ask Fitz to step back one step and to not poke.

Relationship map

	People who are important to Fitz:	Others in Fitz's life:
Family	Bill (brother), Ma (mom), Kathy (Bill's wife), Beth and Char (foster providers)	
Friends	JM, Bob, and Orion	Pam and Ted, Joe Block Gary (housemate), Chuck (ex-coworker), Friends from Do Your Thing
People at work, school or in the community	Friends old job (Chuck, Lydia, Darcy, Mark, Mary, Ed, Geo)	
People paid to provide support	Beth and Char	

Relationships

Anything about current relationships Fitz would like to change, making friends, opportunities to make choices about who is involved in planning at home and at school, connections with distant friends and family, personality traits of favorite people, traits or people to avoid, etc.

Person's perspective:
<p>Fitz wants help keeping in touch with his friends at work. He has scheduled outings with all his other friends and family on a regular bases with support from staff.</p> <ul style="list-style-type: none"> • Fitz spends time with his brother every other weekend. • Fitz will wait at the door or look out the window when he knows his brother is on his way. • Fitz has friends at work and talks about his friends at Do Your Own Thing.
Additional input:
<ul style="list-style-type: none"> • Fitz seems to have good relationships with the people in his life. • He has a couple of friends that he sees weekly (JM, Bob, and Orion) and others he visits with about once a month (Pam and Ted, Joe Block).

Characteristics of people who best support this person

Personality characteristics, any personality traits to avoid, specific skills, education or training needed, gender, physical attributes, strengths, interests and hobbies, specific people already identified.

Person's perspective:
<ul style="list-style-type: none"> • Likes to play games • Likes to read books out loud
Additional input:
<ul style="list-style-type: none"> • Patient and soft spoken • Good listener

- Attentive

Health and wellness

Relationships with medical professionals, developing skills for taking care of himself, medical equipment, things that make medical appointments successful, skills for making and keeping medical appointments, physical fitness, sports, preventative care, health screenings, nutrition, nursing services, occupational therapy, dental care, planning for end of life care, advance directive, etc.

Person's perspective:

- Fitz doesn't like to take his medicine. Some of them taste bad. He prefers to take medication with juice, but sometimes this needs to be water if his blood sugars are high.
- Fitz doesn't like going to the doctor.
- Fitz likes it better when the nurse comes to the house and helps him with his diabetes.
- He only like his first two fingers on his left hand pricked when checking blood sugars and doesn't like cold hands, so warn them up before you help him.
- Fitz doesn't like to wear his dentures all the time. They bother him.

Additional input:

- Fitz needs some encouragement from those he trusts to take his medication.
- Fitz will become very upset when he has to go to the doctor. Sometimes he will sit on the floor and not stand up to walk into the office. He might scream. It helps if he knows all about the appointment before going. Speak softly and be patient until he feels safe. Let him know you will stay with him throughout the appointment. Come back another day if he won't go in.
- Fitz has diabetes and it is managed well with the supports he has in place. Having the nurse help Fitz with his diabetes management works much better than having to go to the doctor's office.
- Fitz needs to be sedated for any dental work.
- Fitz is working with his dentist to get a better fit on his dentures.
- Fitz has some incontinence. He does not want his roommate to know this. He only wants to have help changing depends and clothing in his bedroom. If you are in the community, you need to take him home before you support him to change. Be modest when doing this.
- Fitz wears glasses and needs to replace them. He got a free eye exam from Lions Club (community organization that provides free eye exams) and his brother has found an organization the will provide him with much discounted eyeglasses for those who qualify (Clear Vision Works) Fitz brother will pay the difference for the glasses after Clear Vison Works discount.

Financial life

Budgeting, managing money, using cash, counting change, planning for the future, special needs trust, benefits, risk of exceeding resources, managing credit, education, controlling money, etc.

Person's perspective:

- Fitz likes to hold his money and hand it to the cashier.
- He likes to take his change and put it in his front pocket.
- Fitz keeps a small bank at home for his change.
- Fitz knows money is used to buy things at the store.
- Fitz wants to have money for going on a Trips vacation each year, going to Science Works,

and having an outing once a week with his friends at Do Your Thing.

Additional input:

- Fitz's brother, Bill, is his rep payee.
- Fitz needs someone to help with all monetary exchange, all budgeting, and paying bills.

Protection and advocacy

Self advocacy skills, skills for saying “no” to things that are unwanted, making choices and decisions, opportunities to gain or practice skills, protection from exploitation, participating in self-advocacy groups or activities, personal privacy, any supports that interfere with privacy, identity protection, etc.

Person's perspective:

- Sometimes Fitz will say “I don't know”, when he doesn't like something.
- He will tell people “no” if he really trusts them.
- When you give a few different choices, Fitz will be able to tell you what he likes and doesn't like.

Additional input:

- Fitz needs someone he trusts and who knows him well to help him advocate for the things he wants and needs.
- Fitz will say “yes” to almost everything. If he really wants something, he will sometimes sign, “yes” while nodding and speaking “yes.”
- Ask Fitz a lot of questions to find out what he really likes or doesn't like.
- Fitz will not tell you if he is sick or ill.
- Fitz might not tell anyone if someone hurts him.
- Fitz always needs someone with him at home and in the community to keep him safe.

Cultural considerations

Family, traditions, stories, faith, heritage, rituals, celebrations, holidays, food, clothing, books or literature, items, planning for end of life, etc.

Person's perspective:

- Fitz loves Christmas and decorating.
- Fitz spends Christmas with his brother and sister-in-law (Bill and Kathy).
- Fitz visits his mom's burial site now and then when he and his brother are together and Fitz will spend a little time in his room alone afterwards.

Additional input:

- Fitz's brother says Fitz has never attended church.
- Their family has always celebrated Christmas, Easter, and Thanksgiving (Fitz continues this tradition with his brother).
- Fitz's mom purchased a burial plot for Fitz next to hers.

Sexuality and/or intimate relationships

Education, family planning, privacy, anything that interferes with privacy, opportunities to express sexuality, dating, places and events to meet potential partners, online dating, safety considerations, etc.

Person's perspective:

He has privacy in his own room at night and during the day when he wants it.

Additional input:

Fitz has never talked about wanting an intimate relationship

Mental health

Concerns about mental health; relationship with any mental health professionals; availability of helpline or other resources for Fitz, family or supporters; things or people that make appointments better; effective strategies; accommodations needed; skills for making health care decisions; support to make informed health care decisions, etc.

Person's perspective:

No concerns

Additional input:

No concerns

Behavioral health

Concerns about behavioral health, relationship with any behavior professionals, availability of helpline or other resources for family or supporters, effective strategies, etc.

Person's perspective:

- Fitz takes part in following his positive Behavior Support Plan.
- Fitz has worked very hard in the last few years. He is very involved in working with his providers so that he is healthy.
- Fitz has become much more interested in being healthy after a few health scares. He still vividly remembers and talked quite a bit about when he had to go in the ambulance because he ate soap from his mother's bathroom, making him very ill. This happened 5 years ago.

Additional input:

- Fitz will eat food until he becomes sick, so he needs support with portion control.
- Food is locked at all times, save a few small portioned snacks for independent access, so that Fitz will not eat to the point of emergency illness or death.
- He will get food out of the cupboards and refrigerator if he is not supervised. (He will get things that he needs to either limit the amount or have cut up.)
- Fitz will eat very large bites and eat very quickly if he is not supervised during meals and reminded to eat slowly and take smaller bites and chew.
- Very limited snacks are left out and made available to Fitz so that he can experience independent control over his food. The food must be an appropriate texture for easy chewing.
- His food must be at a texture that he can easily eat if he is not wearing his dentures.
- Fitz needs to be reminded not to take food from other's plates.

- Fitz has consented to an individually based limitation that limits the access he has to food.
- Fitz has a BSP that is followed by his providers and includes ways to provide Fitz with opportunities to make independent choices about food in a way that still keeps him safe.

Transportation

To/from work, school, activities, learning how to get around independently, learning the bus routes, getting a driver license, vehicle with lift, safety concerns, etc.

Person's perspective:

- Fitz likes to go on rides with his brother, Bill, who has a cool car.
- Fitz loves to fly in airplanes.

Additional input:

- Fitz will take off his seat belt and try to open the car door while the car is in motion. He does this when he gets excited about something.
- He needs to be reminded to not take off his belt until the car stops.
- The car door must have the safety lock on.

Assistive devices (AD) or technology (AT) needed to increase independence, reach personal goals or lessen the need for other paid support.

An assistive technology discussion guide is available to help research options, explore funding, acquire devices or technology, and establish monitoring and maintenance for AD/AT already in place.

Wheelchair, scooter, walker, cane, crutches, prosthetic device, and orthotic device, helmet, emergency alert devices (LifeAlert, MedicAlert), alternative or augmentative communication (AAC) device, iPad/tablet, phone, GPS-enabled device, communication chart, audio reader, alternate keyboards, talking photo album, screen reader, screen magnifier.

Person's perspective:

Fitz was involved in creating his Communication Chart

Additional input:

Communication Chart has been working well, and is helpful for anyone new supporting him (or even going to the doctor).

Environmental modifications needed to increase independence, reach personal goals, or lessen the need for other paid support.

Research options, explore funding, acquiring modification, establish monitoring and maintenance for modifications already in place.

Padded corners and edges, widened doors and hallways, smooth floors (no carpets), roll-in showers, lowered or raised sinks, counters and cabinets, ramps, lifts (hydraulic, manual or electric), hand rails and grab bars, automatic or manual door openers, doorbells, specialized electrical or plumbing systems, heating and cooling

adaptations, emergency indicators such as strobe-light fire or carbon monoxide detectors, bed shakers, etc.

Person's perspective:
None
Additional input:
None

Hopes and dreams

Personal goals, career goals, education goals, vacations to take, purchases to make, things to achieve now or in the future, things to do or try, experiences to explore, marriage and children, long- and short-term.

Person's perspective:
<ul style="list-style-type: none">• He loves to fly. Fitz takes his planes off the shelf and says “me” or “fly” and points to the cockpit.• Fitz wants to go on another vacation with Trips. He wants to go to the Grand Canyon.• Fitz wants to buy a fish to care for at home.
Additional input:
<ul style="list-style-type: none">• Beth and Char will help Fitz care for his fish.• They will also help him plan a trip to the Grand Canyon.

Other individualized planning documents

Are there others to partner with for services coordination? Check with the family/guardian for other assessments/ service plans the person may have to help the DD system better coordinate/maximize supports and services for the person and family/guardian. Examples include Essential Lifestyle Plan (ELP), Personal Futures Plan, and also documents from school such as Summary of Performance, Individual Education Plan (IEP), Individualized Family Service Plan (IFSP), Individualized Learning Plan (ILP) or a 504 plan.

List other available documents that can be referenced for more information: None

Contributors to person's perspective

Name	Relationship
Fitzwilliam Bennet	Self

Did anyone else contribute their perspective on behalf of Fitz?

Yes No

Beth and Charlotte Lucas	Foster Providers
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Contributors to additional input

Name	Relationship
Beth and Charlotte Lucas	Foster Providers
Bill Bennet	Brother
Kathy Bennet	Sister in-law
Jane Bingley	Services Coordinator

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