**How to Best Support us:**
- Do not treat us like we are unable
- Help paperwork and pay bills
- We do not drive, we need transportation support
- Be there for support and problem solving
- People in our neighborhood are very supportive
- New tasks need examples and need to be describe how to complete it
- Give us advise, don’t tell us what to do

**What People Like and Admire Most about Me:**
- Show we care for each other deeply
- Driven and willing to work to make things happen
- Work as a team
- Stand up for our rights
- Care deeply for our friends
- Learned to advocate for ourselves
- Take pride in our work

**What is Most Important to Me:**
- Our animals
- Spending time with our friends
- Owning our own home
- Sharing our story so others can learn from us
- Daughter and grand children
- Choosing our staff to insure a good match
- Working to improve our house
- Vacations and cruises
- Being able trust staff
- Work on building skills to get a better job
- Get a job in the community