



My Name is Cainan



What is Most Important to Me:

- Spend time at my Grandma's house
- Hanging out with my brother
- Popcorn and chocolate milk
- Play board games
- Watch Netflix
- Play with my cousins
- Learning about the solar system and things about our planet
- Walking to school instead of riding a bus
- Being in the same school as my brother
- Participating in plays/acting

What People Like and Admire About Me:

- Outgoing and like to make friends
- I share my goals and supports in a presentation I developed
- Not afraid to share what I want
- Enjoy school
- Want opportunity to learn
- Do not give up easily
- Dedicated to completing my work



How to Best Support me:

- I have a presentation for my IEP
- The more sleep I get the better I do at school
- Sometimes I get stressed about not completing my school work
- I use a slant board at school to help hold my paper
- Doing work on my computer helps me do my work faster, writing slows me down
- A morning snack is important to allow me to have enough energy to get my work done
- I have a very strict calorie diet
- My mom creates a meal schedule for me
- Reassure me or help me talk through a difficult situation
- Because of my energy level, I cannot do a lot of running
- Having a schedule or plan during the day helps me prepare for the day
- If I want an additional snack, I do more exercises (run laps)
- I get out of class 4 minutes early for recess to use the restroom
 - I have someone support me during recess

